



# FACEBOOK LIVE SEMINAR

## Tried and True Perennials

Perennials are the plants that we can count on. Rain or shine, hot or cold, they are there in our landscapes flourishing and providing beauty to our garden beds and containers. In this seminar, Garden Guru Mike Westphal shows us some of the best perennials for the Hampton Roads area, for both sun and shade, to enjoy year after year.

### PLANTS YOU CAN TRUST

Perennials are the go-to plant for the gardener who wants bed fillers all year-round. For the most part, perennials go dormant in the winter and come back each year. The way a perennial goes dormant depends on the plant. Sometimes it is just the blooms, others need to be pruned back almost to the ground in the winter. Overall, perennials require only occasional pruning and minimal care, making them extremely easy plants to enjoy.

How do you know which perennials will work for you? Follow this guide from Mike, the Garden Guru, for the tried and true perennials of the Hampton Roads area, as well as USDA zones, height/width of the plants, and the level of deer resistance.

### SUN LOVERS

#### Daylilies –

- Zones 3-9
- Grows 1-3 feet tall
- Deer resistant

#### Verbena –

- Zones 6-10
- Grows 1 foot tall by 3 feet wide
- Deer resistant

#### Hibiscus –

- Zones 4-9
- Grows anywhere from 3-6 feet tall and wide
- Deer resistant

#### Iris –

- Zones 3-9
- Grows 1-2 feet tall and wide
- Deer resistant

#### Salvia –

- Zones 7-10
- Grows 3-4 feet tall and wide
- Fairly deer resistant

#### Ruellia (Mexican Petunia) –

- Zones 8-11
- Grows about 3 feet tall and wide
- Fairly deer resistant

#### Catmint –

- Zones 3-9
- Grows about 1-3 feet tall and wide
- Deer resistant

#### Rudbeckia (Black-Eyed Susan) –

- Zones 4-9
- Grows about 2 feet tall and 3 feet wide
- Deer resistant

#### Miscanthus Adagio –

- Zones 5-9
- Grows about 3-4 feet tall and wide
- Deer resistant

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#### CORPORATE

1139 W Pembroke Ave. 757.722.3125

#### INDEPENDENCE

1144 Independence Blvd. 757.464.5564

#### GREAT NECK

1276 N Great Neck Rd. 757.962.7596





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## Tried and True Perennials

### **Dianthus (Pinks) –**

- Zones 3-9
- Grows anywhere from 6 inches to 2 feet tall and 1-2 feet wide
- Fairly deer resistant

### **Coreopsis (Tickseed) –**

- Zones 3-9
- Grows about 1-3 feet tall and wide
- Fairly deer resistant

### **Phlox (Tall Phlox) –**

- Zones 4-8
- Grows about 2-4 feet tall and wide
- Deer resistant

### **Purple Heart –**

- Zones 7-10
- Grows about 1 foot tall and 3-5 feet wide
- Fairly deer resistant

### **Sedums –**

- Zones 3-11
- Grown as ground cover
- Fairly deer resistant

### **Mint –**

- Zones 4-10
- Grown anywhere from 1-3 feet high and wide
- Spreader
- Deer resistant

### **Strawberries –**

- Zones 5-10
- Low-growing spreader
- NOT deer resistant

### **SHADE LOVERS**

#### **Hostas –**

- Zones 3-9
- Grows anywhere from 1-4 feet high and wide
- NOT deer resistant

#### **Ferns –**

- Zones 5-9
- Grows about 2 feet high and wide
- Deer resistant

#### **Heuchera (Coral Bells) –**

- Zones 4-9
- Grows about 1-2 feet high and wide
- Deer resistant

#### **Hellebores (Lenten Rose) –**

- Zones 6-9
- Grows about 1-2 feet high and wide
- Deer resistant

#### **Lysimachia (Creeping Jenny) –**

- Zones 3-9
- Grows about 3-6 feet high and 1-2 feet wide
- Deer resistant

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